

Who we are

YOU provides people with the help they need to realise their dreams of independence, security, stability, happiness and freedom. We help people in our communities who need care, support and advice due to poverty, homelessness, disability, age, ill health or abuse to have the life they want.

PERSON CENTERED

TRUSTWORTHY

EXCELLENT

CAN DO

INNOVATIVE

YOU is committed to providing high quality care and support services for all people who use our services. We welcome your feedback. If you have any comments, complaints or suggestions please request a feedback form from a member of staff.

1985 — Celebrating 30 years of supporting people and changing lives — 2016

FOR MORE INFORMATION AND PRICING SCHEDULE PLEASE CONTACT:

E-mail: enquiries@theyoutrust.org.uk

Care at Home Number: 07771861241

This brochure can be produced in a number of different formats and languages. If you would like to receive this brochure in another format, please speak to a

The YOU Trust is registered in England no 1898188 and is a registered charity no 291489. The YOU logo is a registered trademark.



Registered Address: South Wing, Admiral House, 43 High Street,
Fareham, Hants PO16 7BQ
www.lifeyouwant.org.uk



Care at Home



What can we offer

YOU provide both domiciliary care and reablement support. Our aim is to support you to remain as independent as possible in your own home. We place you at the centre of your support and care. By listening to your dreams and goals working with you, we will develop a person-centred initial assessment to enable you to get the most from our service and reach your goals. We can support you with the following:

- Personal care, medication and health appointments
- High Dependency care
- Companionship
- Respite for carers
- Everyday Tasks
- Help you get connected with services in your community
- Leisure activities



Your involvement

Clients views and opinions inform and underpin what we do and how we do it. Opportunities to get involved include:

- Being at the centre of your support and care.
- Completing feedback forms for future changes.
- Communicating with our team.

CQC Registered

YOU are registered and licensed by the Care Quality Commission (CQC) to provide services. Our services have been rated as 'Good'. The CQC audit reports are available to view on YOU's website and upon request.

Our Staff

You can be assured that all our members of staff receive robust and continuous training.

Everything we do is client-centred. This means we will offer you the professional support you want to help you make real choices about your preferences, needs and goals.

What people have said about us

- "The staff are easy going and do all they can to help. They really understand my needs."
- "My support worker doesn't just give me practical support—he is someone I can talk to about anything."