# **IBRAHIM ABDUL AJIBOLA**

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## **Objective**

Compassionate and dedicated Health care assistant/ Support worker with years of experience in providing high quality care to support the vulnerable, support for mental health challenges and care in the home to the age. Meticulous attention to details in health and safety whilst preparing meals and administering medication. Adept at identifying vulnerabilities. Looking to grow my career in health care sector.

## **EXPERIENCE**

#### **NEWCROSS-HEALTHCARE SOLUTION**

Support worker/ Healthcare Assistant June 2022 Till date.

- Assist client in daily activities, including medication management, meal planning, laundry, personal care and hygiene.
- MAPA Trained to provide support and crisis intervention.
- Promoted a safe and therapeutic environment by implementing de-escalation techniques and crisis intervention strategies.
- Assisted in developing coping strategies and social skills to enhance there quality of life independence.

#### FLORENCE FLEX HEALTHCARE

Support worker / Healthcare Assistant June 2022 Till date

Working as a care assistant to ensure the delivery of exemplary care to elderly patients presenting with mental health problems such as learning disabilities, epilepsy, dementia and Alzheimer reporting to the floor Nurse.

#### ANAVEC HEALTHCARE SOLUTION

Care Assistant February 2022- August 2022

- Delivered at home care to the aged serving 5 client at a time in Fareham.
- Achieved compliances with 100% of record keeping inspections, ensuring all medications administration was fully up to date and compliant.
- Identified serious vulnerabilities in four clients and escalated to adult social care, ensuring necessary support was provided and followed through with.
- Monitor and recorded the general health of clients including taking blood pressure.

#### **PROCARE HEALTH SOLUTION**

Care assistant March 2022 -July 2022

Working as a care assistant to ensure the delivery of exemplary care to elderly patients presenting with mental health problems such as learning disabilities, epilepsy, dementia, and Alzheimer reporting to the floor Nurse.

### **EDUCATION**

Bsc. Applied Biology (BAYERO UNIVERSITY KANO)

CSTF all in one mandatory training **Care professional experience**.

MAPA training certified mental health support worker.

Oliver Mc Gwane and Epilepsy and Buccal midazolam trained

## <u>SKILLS</u>

- Time Management: Meticulously followed planned schedules for all task, including travel times to ensure all clients received care without delay
- Hygiene and Health and Safety: worked in compliance with applicable regulation with a special focus on ensuring client were advised on safety in the home.
- Confidentiality: Strictly observed all GDPR requirement for client personal data
- Communication: Built a good rapport with client to offer genuine and therapeutic social interaction
- Administrative assistance: Assisted clients with tasks such as bill payments and meeting doctor's appointments.
- Crisis intervention and de escalations

REFFERE AVAIALABLE ON REQUEST