



About YOU

YOU is a registered charity that has provided care, support, and advice for over 30 years to vulnerable people across Hampshire, Dorset, West Sussex, and the Isle of Wight.

Working in partnership with John Attrill, the Learning Disability Champion for Portsmouth City Council.



How Can I Contact Into Work?

Telephone:
02392 794365

Email:
Into.Work@theyoutrust.org.uk

Address:
Into Work, Focus Point
116 Kingston Crescent
North End, Portsmouth PO2 8AL

*YOU: a family, creatively
empowering people to thrive
in their communities.*

Registered Address:
Delme 1, Delme Place, Cams Hall Estate,
Fareham, Hampshire, P016 8UX

www.theyoutrust.org.uk

The YOU Trust is registered in England no.
1898188 and is a registered charity no. 291489

*"I'm enjoying my new job, it gets me out
and keeps me busy. Ground Control have
been a really good employer."*



Into Work

An employment support team
for adults with a learning
disability in Portsmouth

What Is Into Work?

Together, we will help you to look at your skills, goals, and interests. We'll work with you to help you find voluntary work, paid work, or maybe you would like to try some work experience.

We can support you to think about what type of work you want to do. We can also work with you to look at options and opportunities.

Support can be provided to help you to meet employers, complete application forms, and attend interviews. When you start work, support can be provided to help you settle in.

Please contact:

Becky Warren or Annabelle Hayler

Phone: 02392 794365

Email: Into.Work@theyoutrust.org.uk



What We Offer

Into Work can support you with/by:

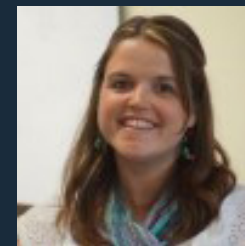
- Creating a Job Profile to find out what you would like to do and set goals to help you achieve this
- CV Writing
- Confidence building
- Assessing your training needs
- Helping you to apply for jobs
- Supporting you at interviews
- Introducing you to employers/speaking on your behalf if you wish
- Supporting when you first start work
- Travel training to and from work

"I like volunteering because I'm outdoors. I like hearing the birds and learning about potting up and growing vegetables. I don't have a garden at home, it's nice to get some fresh air and work with a group of people."



Who To Contact?

If you would like to find out more about us, please contact Becky (Left) or Annabelle (Right) using the details on the back of this leaflet.



We work with people who are:

- 18 years old and over
- Have been diagnosed with a Learning Disability
- Live in the Portsmouth postcode areas PO1, PO2, PO3, PO4, PO5, PO6

Please speak to your Social Worker about being referred to us.

