



## Other Sources of Support

Depending on your situation, the following agencies and organisations may be able to provide additional support.

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Hampshire County Council	<b>0300 555 1375</b>
Care Quality Commission (CQC)	<b>0300 061 6161</b>
	<b><a href="mailto:enquiries@cqc.org.uk">enquiries@cqc.org.uk</a></b>
Citizens Advice Bureau	<b>0800 144 8848</b>
Andover MIND	<b>0126 433 2297</b>
Jobcentre Plus	<b>0800 055 6688</b>
VoiceAbility	<b>0300 303 1660</b>
Connect 2 Support Hampshire	
	<b><a href="http://www.connecttosupporthampshire.org.uk">www.connecttosupporthampshire.org.uk</a></b>

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## How Can I Contact Buller Court?

**Telephone:**  
**01252 373521**  
**07795 828496**

**Email:**  
**[Natasha.Greenwood@theyoutrust.org.uk](mailto:Natasha.Greenwood@theyoutrust.org.uk)**

**Address:**  
**South Wing, Admiral House**  
**43 High Street**  
**Fareham, Hampshire PO16 7BQ**

***YOU: a family, creatively  
empowering people to thrive  
in their communities.***



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**Registered Address:**  
South Wing, Admiral House  
43 High Street, Fareham, Hants PO16 7BQ

**[www.theyoutrust.org.uk](http://www.theyoutrust.org.uk)**

The YOU Trust is registered in England no. 1898188  
and is a registered charity no. 291489

**Reading Road**  
**Supported Living Service**

## About Reading Road

We want you, your family, and your friends to feel confident and comfortable about life at Reading Road. Sometimes, learning a bit more about a place helps.

At Reading Road, we:

- Provide support to 6 people living in shared accommodation with a learning disability
- Promote life skills and personal development
- Enable you to make real choices about how and where you want to live
- Offer flexible support at a time that suits and meets your needs
- Support with budgeting, finances, and benefits to maximise your money
- Support you to manage your tenancy and rent with your landlord
- Enable you to find meaningful activities throughout the day including employment, Launchpad, and volunteering
- Enable you to maintain your property with cleaning, shopping, and cooking support
- Support with personal care and managing medication if you need it
- Support you to maintain your independence

You may have questions about what to expect here at Reading Road, and we'll be happy to discuss anything with you and those who matter most in your life.

### Please contact:

**Natasha Greenwood, Team Manager**

**Phone: 01252 515511**

**Mobile: 07795 828496**

**Natasha.Greenwood@theyoustrust.org.uk**

## Social Activities/Hobbies/Leisure Interests

Reading Road is your home, and we will encourage, empower, and enable you to pursue your favourite hobbies and to explore new ones.

- Each person has their own activity programme
- Staff support people on a 1:1 basis to use local community facilities and pursue leisure and social activities in the evenings
- People are supported to attend Religious Services of their choice
- There are no restrictions on what people can do, the sky's the limit! Clients have support to holidays, volunteering, cinema, theatre, bowling, garden centres, whatever you would like to do. Any potential risks are identified, assessed, and monitored with a formal risk assessment

*"The staff support me well and understand me."*

*"All the carers are kind, thoughtful, supportive of my sister's needs (and all other residents) and remain positive and upbeat, which is a real credit to them."*



## Our Objectives

At Reading Road, not only do we aim to make a positive place to call home, but we also strive to create a safe environment where people can thrive.

Our objectives are:

- To promote independence and personal development for each individual
- To develop relationships within the community and to encourage tenants to take a fulfilling role in society
- To support people in their personal aspirations and encourage new experiences and achievements
- To support people to have control of their lives and to enable them to make informed choices
- To provide the support to enable people to be as independent as possible in all areas of their lives
- To ensure personal care is carried out with dignity and respect and is individually tailored to meet the needs of the individual
- To promote a fun and fulfilled life, ensuring people are encouraged to express their wishes on what they want to achieve so we can work in partnership to reach this goal
- To ensure the rights of people are upheld and to ensure no one suffers any forms of discrimination

These are our aims, and although our team is skilled, experienced, trained, and dedicated we encourage you to let us know if you ever feel like we've missed the mark.

Reading Road isn't a place where we tell you how to live; it's a place where we work together to help you to live the life you want.